

Peak Purpose

Accomplishing My Mission: How Will I Use My Favorite Skills? Identify which skills you want to use to accomplish your mission. These “Responsibilities” are simply the “Skills” that you perform to accomplish your work. 2:00 Total Hours

Budget: How Much \$ Will I Need and Want to Earn? This exercise will (perhaps for the first time in your life) give you a realistic view of how much money it takes to support yourself and possibly a family. This exercise will give you a clear picture of many of the financial responsibilities you will have as an adult. 1:45 Total Hours

Retrace My Journey: Who Am I? Where Am I Going? You’ll review a collection of insights, information, goals, vision, accomplishments, and value that uniquely describes who you are. 1:00 Total Hours

Goals: Create My First Potential Career Goals You will review what you’ve learned about yourself and complete three Potential Career Goals—one for each of the Real World Needs and Mission Statements you created. 2:45 Total Hours

Is My Goal Realistic and Right for Me? Explore your Potential Career Goals and determine whether or not those Goals are really right for you. Are there jobs that match your Potential Career Goal? If so, will those jobs meet your “Needs?” Will the work environment suit you? 4:00 Total Hours

My Personal Development Plan: Create your own Career Development Plan, for navigating through life as you work towards your Career and Life Goals. This is focused on the world around you and is more outward-looking. Who will help you? What financial resources are available? What tools and technology will you need to reach your goals? 2:00 Total Hours

Marketing Myself: To “market yourself” means to present your assets, skills and your commitment to people you want to influence. Use these tools to market yourself to colleges, hiring managers, scholarship programs, or whenever you network, recruit potential personal references, or apply for volunteer programs. 2:45 Total Hours

Each class is \$35. For more information contact Grand County Juvenile Services:
Phone: 970-725-3055

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These classes help youth identify personal items including what’s important to them, accomplishments and interests. The cost per class is \$35.

Values: What’s Really Important to Me? Identify what is really important to you in your life from a personal and career perspective. 1:00 Total Hours

Interests: What Do I Like to Do? Identify the things that you enjoy doing. These activities are your interests, so you can eventually match your future work activities to your interests. 0:45 Total Hours

Personality: How Do I Prefer to Interact With My World? Based on Myers-Briggs. Complete a personality profile and select from a list of 35 traits and choose those which best describe you. Get a detailed report on your results, your personality type, and how you prefer to interact with others and the world around you. 2:15 Total Hours

Accomplishments: What Cool Things Have I Done? Identify, evaluate important accomplishments in your life. 1:15 Total Hours

Skills: What Do I Know How to Do? An exciting journey toward uncovering the countless skills that you possess. By examining your most satisfying achievements and experiences you will identify your favorite skills, those that you really enjoy using. 2:45.5:15 Total Hours

Real-World Needs: How Will I Contribute? Answer the questions of “Where am I going?” “How might I contribute to our world?”, or “How do I fit in?” One of the most important activities in Peak Purpose and critical to future outcomes. Take time to explore, discuss, and complete thoroughly. 3:30 Total Hours

Mission Statements: What is My Mission? Write three mission statements using the three Real-World Needs you identified. You will then rank these mission statements. The mission statement consists of three parts: Real World Need, Customer and an Accomplishment. 4:15 Total Hours