




## But is it greener?

### **March 30 is The Grass Is Always Browner on the Other Side of the Fence Day.**

(It's a real thing, Google it.) It's a "holiday" celebrated to remind people to appreciate what they have instead of focusing on what other people have. It's a great day to practice gratitude for all of the good things in your life, and remind yourself that - no matter how good you think things are on the other side of the fence - you never know the whole story.



Tell someone  
"Thank you!"

Rapidly list 10  
things you're  
grateful for.

Jot down 3  
things you're  
thankful for.

Start a  
gratitude jar.

Send a hand-  
written thank  
you note.



Gratitude involves showing appreciation for the things in life that are meaningful and valuable to you. [Learn more](#) about the benefits of practicing gratitude and tips to cultivate it.