



Reducing Tax-Time Stress

Tax time can be stressful. As your Wellness Committee, we try really hard to provide tips to reduce stress. While we can't advise you on your preparing your tax filing or how to spend a refund if you get one, we can offer a few tips...



Oops!

Mistakes happen, and the IRS takes different approaches depending on what the mistake or missing record was. Check your return twice to avoid these common errors:

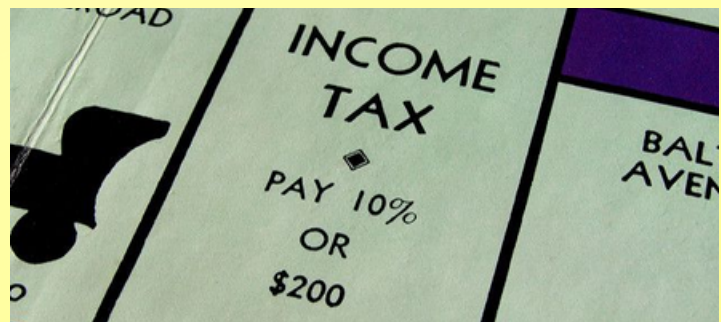
- Filing too early - make sure you've received all of your tax reporting documents before filing.
- Missing or inaccurate Social Security number.
- Misspelled name (and make sure it matches your Social Security card).
- Enter numbers accurately.
- Check your work! Math mistakes from simple addition and subtraction can impact your return. Tax software can help prevent these simple mistakes by doing the math for you.
- Incorrect bank account numbers. Taxpayers who are due a refund should choose direct deposit; it's the fastest way to receive your refund. But make sure your routing and account number is correct!

More resources

[Volunteer Income Tax Assistance \(VITA\) and Tax Counseling for the Elderly \(TCE\)](#)

[MilTax tax services for active military and veterans](#)

[Low Income Taxpayer Clinics](#)



Paper, or E-file?

The biggest difference between paper and electronic filing is time. Paper filing can take up to six months for the IRS to process, while e-filing cuts it to about three weeks. The IRS encourages taxpayers to file electronically and use [direct deposit](#) to get their refunds.

Free Tax Prep

For those who make \$79,000 or less per year, the IRS offers [free guided tax preparation](#) that does the math for you.

Avoid scams

Tax season is scam season. The IRS will never call, text, email or message you. And "tax preparers" who offer to get you a refund significantly more than previous years should raise a red flag.