

As the Ambulance Rolls

September 2015



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The old ambulances wouldn't leave without one more jump start!



Thanks to the interns for all their help.



These babies were left out to dry.



Mikaela rocks the KED.



ALS providers are ready to take on any difficult airway!



ANNOUNCEMENTS



Peter Works— Sept 6th
Nadine Kentfield— Sept 7th
Rob Griffie— Sept 15h
Nowell Curran— Sept 16th

Please continue to check the First Aid boxes at the beginning of every month.

Next staff meeting
October 22.

If you have any ideas for new shift schedules please let chief know. He is looking into new options.

The Memorial Service for Dr. Mufftic will be held on September 11th at The Church of the Eternal Hills.

Open Enrollment Period will be October 29th at 10:00am.

The new King Visions will be in Service by the end of the month. Make sure you attend an in-service!

Congratulations to Lurline Curran on her retirement after 33 years of service.

The Fraser 9 Health Fair is looking for volunteers to do blood pressures or to draw blood. If you can help please contact Kim Birdseye at 970-531-1233.

InX cots are being replaced with the updated version.

Don't be like this guy! Safe backing is all of our jobs! Remember you must have a backer.



I saw the pole in my mirrors but when I backed up it disappeared!





Command Corner

This month's Topic: Hunting Season!

As we enter the hunting season, I want all 3 crews from each team to check each ambulance or response vehicle in their Station for the maps and other items listed below:

Grand County Atlas
1" Binder with Map supplements
New Heeney Map Book
Grand Lake Trail Systems Map
USFS Maps for both Routt & Arapahoe Forests
Extra High Visibility Vests
Binoculars
WP Gate clicker
MPMC Clicker

All items should be marked for that specific ambulance if not document such.
I expect an email from each crew on each team.

The old saying is "the red coats are coming with blood in their eyes and alcohol in their veins"!!!!
Please be careful this season!!

Allen Pulliam, Captain

Pocket Medication Cards are ready and down in Education.

Stop by to pick one up!

Dr. Red Duke passed away on Aug 15th at the age of 86. Dr. Red Duke was a huge advocate for Trauma and helped to bring us classes such as ATLS and PHTLS.

The high school EMT class is in session!

Education is looking for someone to lecture on communication and documentation Sept 8-10 while Education is at a conference. If you can help out, please let education know.

Please remember that there is no smoking when class is in session (1100-1300a), to use kind words, and be cognizant of your attitude and behaviors. They will be watching what you do.

If you would like to lecture, please let Education know. We would love to have you!

No TV should be on until after 5pm.

Let's work together to help keep the day room tidy.





Upcoming Training

Continuing Education

Every day at 9am!

Sept 1-3: Scenario CE

Sept 7-11: Critical Care

ALS and BLS can sit in if not taking it

Sept 14-18: Your choice! Education is in Vegas!

Sept 21-25: King Vision In-service CE

Sept 28-Nov 2: Equipment Lab CE

PEPP

September 4th

NRP

Coming to you September 25th.

PHTLS

Health One will be here to teach PHTLS on October 24-25! Sign up on toolkit by Oct 1.

Advanced Domestic Violence Training by the Advocates

Training will be held on October 7th from 8:30-5pm at the Granby Town Hall.

Critical Care School

Critical Care class is coming to you! Make sure all of your online modules are complete before the classroom portion on September 7-12.

EMSAC Conference

The EMSAC conference materials are out!! If you would like to participate in the Colorado State EMS conference 2015 you will need to send Audrey a letter of why you would like to attend, how it will be beneficial to you and the department.

Reminders: You must have been employed for GCEMS for a minimum of 1 year, You must also present an educational CE to the staff of something you learned about. The CE must be presented a minimum of 3 days (more if you would like). The CE will be due no later than March 31th, 2016.

The Conference Brochures are on the education board at Station 1, If you are requesting to go-you will also need to fill out a registration form with your requests for classes and your letter by the deadline of October 1, 2015 by 5pm. No late applications will be accepted.

It would be advisable to hand in your application to Audrey in person.

Difficult Airway Evaluation

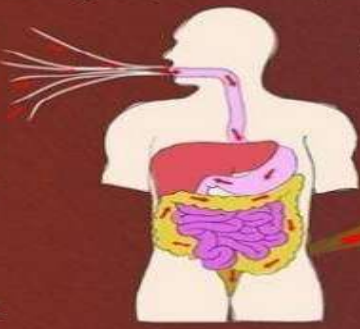
Please e-mail Audrey and let her know if you like the difficult airway class or if you didn't so we can decide whether or not to continue having this program. Thanks!

facts about your

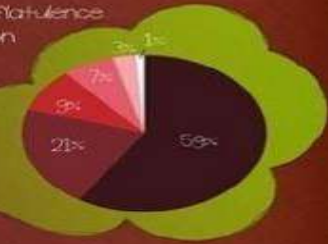
FARTS

Farting is the act of passing intestinal gases through the anus. These can sometimes be odorless and sometimes deathly. But do you know why you pass gas? Do you know why your farts are sometimes as loud as a blow horn or as quiet as a mouse? The facts below will tell you a thing or two about something everyone does multiple times a day.

Flatulence is the production of a mixture of air and gases in the digestive tract that are by-products of the digestion process



Average flatulence composition



- nitrogen
- hydrogen
- carbon dioxide
- methane
- oxygen
- other crap

The average person will fart 14 times a day



and produce half a liter of fart gas per day



Farts are indeed **FLAMMABLE**



Top 10 Farters

1. Termites
2. Camels
3. Zebras
4. Sheep
5. Cows
6. Elephants
7. Laboratories/Refineries
8. Humans (vegetarians)
9. Humans (non-vegetarians)
10. Gerbils



Farts can come blazing out of your ass at 7 mph

7 mph



98.6° F

and are 98.6° F at the time of creation

You cannot suffocate in a chamber full of your own fart



termites produce more methane than cows and even all man-made polluting machinery (but don't release any other harmful chemicals)

Stealthy Flatulence

Most farts come from swallowed air (largely nitrogen and CO₂) and are relatively odorless. The bubbles from these farts are large and can produce large sounds.



Bacterial fermentation and digestion processes can produce various pungent gases in other farts. The bubbles from these farts tend to be small and snaky and do not produce much sound.

○ = Silent but Deadly



Hydrogen sulfide is the compound in farts that make them stink



A person can still fart after death

The nerve endings in your rectal area help distinguish the difference between farts and poop...

...but sometimes these nerves can get confused when your poop is more fluid than usual and results in things such as mud butt and sharting



Beans do, in fact, make you fart more.

The human body cannot digest certain polysaccharides. As these carbohydrate structures reach the lower intestine, bacteria feed on them, producing a lot of flatus

Farty Foods

- beans, corn,
- bell peppers, cauliflower,
- cabbage, milk, bread,
- eggs, beer, raisins,
- brussel sprouts, lentils,
- onions, garlic, leeks,
- oats, yeast, radishes,
- sweet potatoes, radishes,
- shews, turnips,
- rutabagas

MUD BUTT

Smelly Facts About Farting That Are Actually Super Fascinating

Farting is a natural thing. Sure, it may not be the most aromatically pleasant natural thing in the world, but it's a part of our lives. Before you say "pee-yew!" and turn up your nose at a conversation about farting, take some time to learn the facts about this process. Some of these facts—like your ability to flatulate post-mortem—might totally shock you.

Source: http://www.omgfacts.com/health/16126/Smelly-Facts-About-Farting-That-Are-Actually-Super-Fascinating-ab630-2?utm_source=Facebook&utm_medium=pages&utm_campaign=6583_COeQMg_6640&ljr=gluix2a64ArDtggM1UOCJNLgRyw0psOc9g-SguQvqGM%3D

Article found by Robin Trainor!

KUDOS!

Kudos to Erich for a captivating and enlightening presentation on Suicide in EMS at the Safety Summit in Denver.



Congratulations to Cheyenne for getting into Paramedic School at Denver Health. She starts classes the 14th!

Many thanks to Matt who brought in the new stove at station one as well as a new couch for scenario room 3.



Thanks a million to those who pulled through to help with the skills testing for the adult class. So far, 3 out of 4 have taken National Registry and passed!

Good work to Cheyenne, Dustin S., Katharyn, and Matt for doing a CPR class for the DOW. It was an awesome interagency training.

Kudos to Nic, Jarboe, Troy, and Erich for doing a cool interagency raft training with SAR, SO, dispatch, and BLM.

KUDOS!

Awesome job to Mikaela who put in a lot of hard work and study hours and just passed her NREMT written and is working on getting her Colorado! Way to go!

Congratulations to the newlywed Cory Ziegler and his wife Megan! We wish them all the love and happiness that this world can offer.



Kudos to all of you! We have had some very busy days and GCEMS staff has done an amazing job of maintaining great patient care and getting everything that needs done accomplished.



Awesome Job to Cory B, Dustin P, Erik, Chief, and Grand Lake Fire for getting ROSC and a SAVE at the Grand Lake Golf Course!

Byers Rifle Range Fire

Grand County successfully worked together from the beginning to end on the Byers Rifle Range Fire. The fire started on Monday the 24th and was at 100% containment on Thursday the 27th. It burned approximately 640 acres. The Office of Emergency Management and EMS provided operations logistical support, medical standby and public alert and warnings. We have many good systems in place that supported fire operations and safety of all personnel. We are proud the relationships we have built with Grand County emergency responders and our government agencies. Quick response, strong communication and decision making all contributed to the containment of this fire. This is the largest fire we have managed and the largest in the county since the Sentinel Fire in 1988 by Green Mountain Reservoir.





September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 CE- Scenario Cot and LUCAS training at EGFD	2 CE- Scenario GCSAR Training	3 CE- Scenario	4 CE- Scenario MPHS Football Standby PEPP	5
6	7 Critical Care School	8 Critical Care School	9 Critical Care School	10 Critical Care School	11 Critical Care School WGHS Football Standby	12
13	14 CE- On your own <i>Labor Day</i>	15 CE- On your own Cot and LUCAS training at EGFD	16 CE- On your own Death Investigation Class by SO GCSAR Training	17 CE- On your own	18 CE- On your own WGHS Football Standby <i>Patrick's Day</i> 9/11 Stair Climb	19
20	21 CE- King Vision	22 CE- King Vision	23 CE- King Vision Death Investigation Class by SO GCSAR Training	24 CE- King Vision	25 CE- King Vision WGHS & MPHS Football Standby	26
27	28 CE- Equipment lab	29 CE- Equipment lab	30 CE- Equipment lab GCSAR Training	31 CE- Equipment lab	CE- Equipment lab NRP	

Notes