

OCTOBER 2019

**ALL STAFF
MEETING
OCTOBER 17
@STATION 1**



Special points of interest:

- Always sign narcotics log with the relieving party or Captain on shift
- Stay Safe and always be a professional with a personal touch!!!

Created by Chief Jennings Edited by Lorren Sherrill

INSIDE THIS ISSUE

Off Duty Achievement.....1
 Expanding the Brain.....2
 What's New.....5
 Message from
 Captain Jennings.....6
 Information.....7-11
 Happy Birthday!.....8
 Innovations.....12
 Medics of the Month.....13
 Recipe/Workout.....14
 Events & Trainings
 Calendar.....15-16
 Open Enrollment.....17
 Community Events.....18-20

AS THE AMBULANCE ROLLS



GRAND COUNTY EMS

OFF DUTY ACHIEVEMENT!

A new idea has been brought to me, by Allen and Cordie, about recognizing off duty accomplishments and crew member announcements . I agree with both Allen P. and Cordie that this will be good for employee morale and life awareness outside of our uniforms! There are some exciting times in our team members life's that we all don't get to hear about and congratulate everyone on. The segment will be featured in future newsletters as long as crew members have off duty achievements and announcements that they would like to share! If anyone does you can email Lorren!



Richard Gamblin is pictured with wife Rose Gamblin at an award ceremony where he was awarded the Army Commendation Medal for his work at JRTC.

Way to go Richard!!!

SHOUT OUT TO JESSE SANDERS!



Lieutenant Mentzer wanted to give Jesse Sanders a shout out!

As a newer medic on the crew, he has just been kicking butt! Within the last few months Sanders has responded to several critical calls and has recently achieved a ROSC!

Also he's been put in the good graces of the office staff because of his amazing paperwork. He's always getting his paperwork in timely and they haven't come across any issues.

Keep up the good work Jesse!!!!!!

OCTOBER 2019

EXPANDING THE BRAIN



Deputy Chief Allen Pulliam; Captains Jeanne Power and Brian Gourdin; Lieutenants Erica Mentzer, Cory Ziegler and Cooper Knochenmus; and office staff Cordie Stieve and Kacey Beres attended and completed the CADS (Certified Ambulance Documentation Specialist) Course on September 30. Keep expanding those minds you guys!!!

EMS
WHETHER YOU ARE DOING CPR, EXTRICATING SOMEONE FROM A WRECKED CAR OR HOLDING THE HAND OF A LITTLE OLD LADY...WE DO WHATEVER IS NEEDED WHENEVER ITS NEEDED.

Thanks for making GCEMS a respected

organization out in our community! If you have any pictures and stories that you would like highlighted in the MONTHLY Newsletter, please email them (high resolution) to Lorren at

isherrill@co.grand.co.us

along with a brief description.

The more pictures the better!



Lorren Sherrill spent the summer taking two courses and just recently completed them both. On August 15 she completed the FEMA certified Emergency Management Basic Academy, which was the first to be held in our region and in Colorado. While going to the EM Academy she was also going thru the 2019 Summer Adult EMT class. She completed the class on August 24 by passing her Skills Testing and on September 19, she earned her National Registry cert.
Way to go Lorren!



Congratulations to Shannon McGill for earning her associates in Paramedicine from Red Rocks Community College!!!

Way to go Shannon!

Thank you for all that you do !!!!

OCTOBER 2019

ABOVE AND BEYOND THE CALL GOING DOWN BELOW



Cooper Knochenmus, Stephen Rubenstein, Joe Decker, and Erich Barber went above and beyond to go down below on a call that came in on September 14. The patient was trying to retrieve a phone that had fallen down into a pit toilet. They rescued the patient, who had gotten stuck, and then proceeded to rig up a device out of a basin, with a handle made out of duct tape and tied a rope so that they could lower it down. While using a shovel and the makeshift bucket they were able to retrieve the patients phone from the depths of the pit.

**BIG THANK YOU TO
BOB MATOBA FOR
COMING AND
TEACHING OUR CREW
ON SATURDAY
SEPTEMBER 28.**

**IN SUPPORT OF BREAST
CANCER AWARENESS
MONTH YOU CAN WEAR
YOUR PINK SHIRT START-
ING @ 0700 OCT. 1—
0700 Nov 1!
IF YOU HAVEN'T RE-
CEIVED YOURS YET
PLEASE SEE LORREN OR
ONE OF THE CAPTAINS
TO PICK IT UP!**

OCTOBER 2019

MEDEVAC AWARD LETTER

September 14, 2019

Chief Jennings

On behalf Med Evac, I would like to recognize Grand County EMS as the recipient of our annual “Agency of the Year” Award. This is an annual award given to one of our partner agencies for outstanding patient care and teamwork. The purpose of this award is to recognize those who perform exceptionally in the most difficult of circumstances. Without such great care and teamwork we cannot succeed, nor would our patients have the best outcomes possible.

Please accept our six complimentary admissions and join us at the Northern Colorado Emergency and Trauma Care Symposium. The Symposium will be held October 11 at The Ranch Events Complex in Loveland, CO. We will be honoring Grand County EMS as the recipient of this award during the general session of the conference.

We thank you and your team for your continuing commitment to training, preparation, and delivery of exemplary care. We have long enjoyed a successful and productive relationship with Grand County EMS. This last year presented your department with a large volume of high acuity, high risk calls. We are grateful for the trust you have placed in us as a partner. Your department’s professionalism, commitment to the community, diligent training, and excellent performance when it matters are admirable and remarkable.

You will be sent communication via email with registration information for your team.

We sincerely thank you for your service and look forward to honoring your department at the Symposium.

Respectfully



Shannon Sovndal, MD
Medical Director, Med Evac

OCTOBER 2019

WHAT'S NEW



iGels are not available to put on some of the Ambulances and Bags. Please put them on all of the Dodge ambulances and in the combination bags for the Dodge Ambulances. We will transition to other ambulances to iGels soon.



GCEMS will be switching to Dextrose 10% as we phase out the D50W—reference the ambulance check sheet on par levels.

Should be 2 on the ambulance and one in the response bag.

**LOOK
WHAT'S
NEW!**

PPPAgency Protocol App: There should be an update soon for GCEMS protocol app



Currently Epinephrine 1mg in 10 mL is not available—(Cardiac epi in the box)—Replacement (hopefully temporary) will be Epinephrine 1 mg in 1 mL mixed in 10 mL NS Flush.



GCEMS is in the final phases of the Handtevy system—we should be able to transition all the Pediatric bags to this system in the next 30 days and provide each of you with the App.

OCTOBER 2019

MESSAGES FROM CAPTAIN JENNINGS

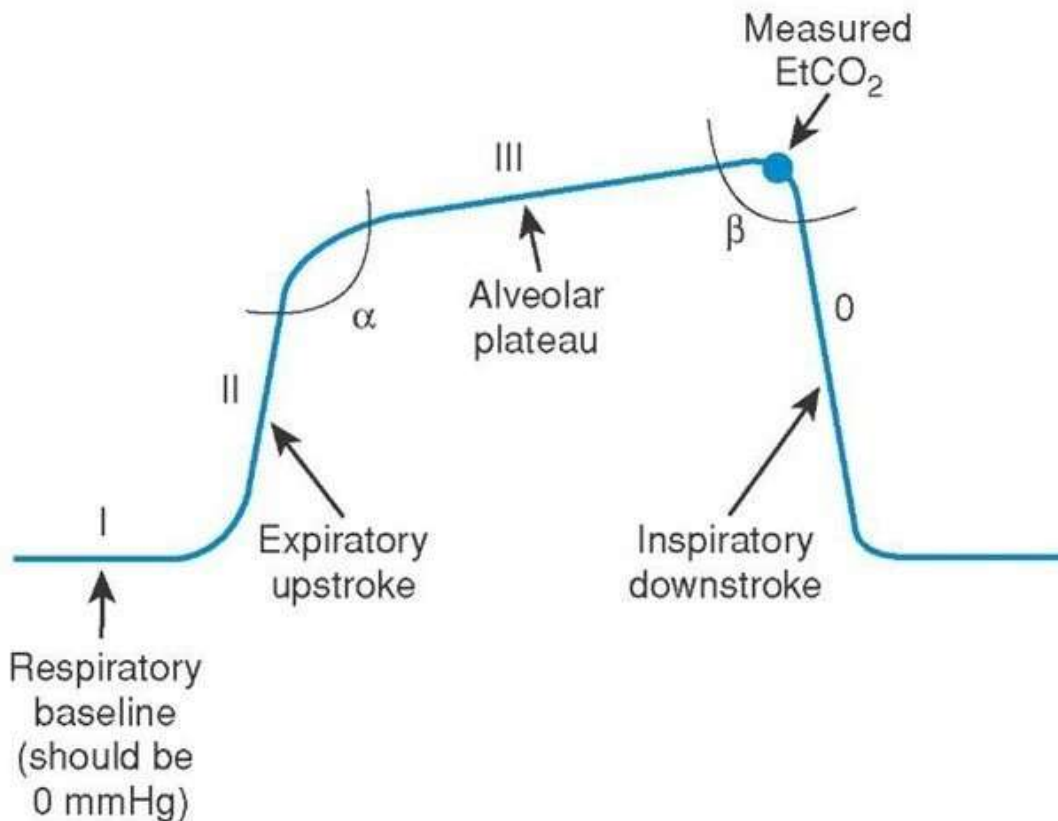
Please transmit your LifePak data to your ESO documentation. If you are unable to transmit the data or you choose not to you will be responsible to attach ALL EKG strips to copy paper to facilitate scanning into the patient chart.

The billing division will no longer attach the EKG strips for you.

~ Audrey Jennings~

Instructions on how to transmit from Lifepak to ESO will be attached to the newsletter email and will also be printed out with this copy of the newsletter and put in the day room at Station 1.

Reminder if you put in an advanced airway or you patient has an existing advanced airway you must have a copy of the EtCO₂ wave form for airway confirmation.



Station Rotation

Be on the look out for station rotation on vaairko towards the beginning of the month!!

Leave the radios, pagers, and garage door openers at the station. Computers stay with the trucks. Take your personal items with you. Have a great day!

OCTOBER 2019

INFORMATION

“If there is a vehicle issue write up a form on Varriko even if you tell me. When you fill out a form it allows all the command staff to know there is an issue and we can get it looked at sooner. Also if another crew tells you about an issue or if you find one that you feel that needs repaired and you haven’t wrote it up, write it up. Some of these issue have been missed and I will find out about them late due to it has been passed to all the crews on that car. I would much rather have multiple reports about an issue then miss one.

We need to do a better job of updating the mileages in Varriko. This is a way that we can be notified about when PM are due. Also if your ambulance PM are due within 500 miles please write up a vehicle repair request; this allows me enough time to get them in and done with hopefully little down time.”

— Captain B. Gourdin

It has come to our attention and I would like to commend those staff members who are taking pride in keeping the ambulances looking professional. Additionally, those keeping up on station chores and up-keep of the EMS stations. —Thank you

Traffic Safety

School is back in-session! Watch for kids and help keep them safe!

Reminder to all—No one is allowed to pass a school bus when the bus is loading or off loading kids. If you are responding to a call and you come up to a School Bus with its red lights activated you must shut down all emergency lights and sirens and also stop until the School Bus has completed its mission of loading or unloading kids. Please adhere to this policy. It is for the safety of kids as well as being an EMS professional.

EMSAC Conference is coming up soon!!! Details about the conference have been sent out via Email by Audrey.

Check Your Equipment!!!!

- 1. Make sure it is all there**
- 2. Make sure it all works**

You have a professional responsibility to ensure the equipment is present and working

Getting Comfortable in the Evenings

Uniforms until 19:00 or later if you are the Medic Unit covering the eastside.

Stay in uniform when classes are in session in the evenings at Station 1.

Total Call Volume is at 1425 with 63% of all calls providing patient transports and 37% of all calls without patient transports

OCTOBER 2019

INFORMATION CONT.

Winter is Coming!!!

Winter is just right around the corner! Time to start thinking about winterizing your vehicles! Be prepared for changing weather conditions, this time of the year is unpredictable!!!

Keep the Sickness Away!

Cold and Flu season is creeping up on us. Make sure to take the proper precautions to not spread the cold or flu! Flu Shots will be available October 17 around 4:30 @ Station 1

Beginning of your shift reminder:

Rotate your lifepak batteries, stretcher batteries, and Lucus batteries. If you are at a station with more than your duty Medic Unit complete this task on all Medic Units.



Audrey Jennings
10/13

James Matson
10/17

Ryan Borell
10/20

Allen Pulliam
10/25

Kacey Beres
10/26

Lorren Sherrill
10/31

National First Responders Day is October 28, 2019! In 2017, Congress designated October 28th as National First Responders Day, to honor the firefighters, police officers, EMS personnel, and all those who are first on scene in stressful situations.

National EMS Week will be coming up May 17-23, 2020! If anyone has any ideas for what we should plan for that week or would like to help plan National EMS Week please let Chief Ray or Lorren know. The sooner we can start getting ideas the better it'll be for next year!



OCTOBER 2019

INFORMATION CONT.

Hey guys,

I am very excited to share—We are getting closer to getting the HandTevy system into play!

Step 1: Start getting familiar with the mobile application—you can also use this application for your adult patients

I have attached the instructions on how to set up the mobile app on your phone. After you down load the mobile application you will need to be connected to internet to download GCEMS documents.

Follow these steps:

1. Create your profile
2. Agency: Grand County EMS
3. Employee ID: use the following format: GCEMS”your radio number” (this should be your assigned radio number) Example: GCEMS17
4. Put in your assigned county email

Add Installation for Grand County EMS

1. User: GRCEMS2153
2. Password: GRCEMS2153

This username and password are for Grand County EMS providers only please do not share with others outside the agency. The Mobile application is specifically Customized for Grand County EMS protocols.

During the construction for Middle Park Health Kremmling we will be picking up any flight crew from the Kremmling Airport—please assure you are obtaining the patient information and a CR for the Crew transfer. This is no different than what we are currently doing at Denver Health Winter Park.

This coming year, there will be insurance changes. Open enrollment for these changes will open in October. Please see Allen if you have any questions about the changes, he maybe able to answer them.

Medic two has a new kick plate on the side door. This is because the cost of replacing the door is \$2800 dollars versus the entire repair of the body at \$2500 dollars.

Budget Hearings are going to be held on October 7-9th before the BOCC. The EMS hearing will be held on Monday October 7th at 1445 in the BOCC meeting room.

OCTOBER 2019

INFORMATION CONT.

50th Anniversary Logo Design Ideas Needed!!!!

Need ideas from the staff for a 50th Year logo design.
Submit your ideas for the 50th Anniversary of Grand County Emergency Medical Service.
Yes it is right around the corner 1970 – 2020, 50 years of
dedicated service to the community.
Grand County Emergency Medical Service will be 50 years old on 1 January 2020.

In case you did not know the Thematic Vision for 2019 is to reduce response times across the county for 911 responses. In an area such as Grand County with our population in Chapter 2 of the Trauma Rules calls for a response time of 20 minutes or less. It is our goal to decrease 911 call response times. As of 25 July 2019 the average 911 call response is at 10:11 minutes. 54% are under 10 minutes and this is what we want to improve. The goal for 2019 is to be at 70% of 911 calls under 10 Minutes. The EMS staff can help by being faster on the out of chute time. It is the goal for the out of chute time to be under 1 minute, I think we can improve this and have a positive effect on response times.

The Station 1 heating system is receiving an update. Tal from B&J Plumbing worked on the heating system to flush the lines, put new glycol in the system and replace the individual zone valves in each of the rooms. This should improve the temperature in the rooms for better comfort. Learned a few things in the process. Glycol should be replaced every 10 years, zone valves about the same amount of time, and the air valve ten to fifteen years.

New Windows will be coming this fall for station 1. Chief bought some nice windows for station 1 to fix more than the broken one, all of the windows facing the parking lot.

There are those staff members who are not completing their daily chores in keeping stations clean or keeping ambulances clean inside and outside. If you do not understand what is needed to be done, one of the Shift Captains will gladly assist you.

Get involved and be a CPR and First Aid Instructor – Grand County EMS is the leader in this county for CPR and First Aid instruction for more than 500 people a year! Help GCEMS to continue this vital community education and be part of the action. It does help you as a EMT or Paramedic to be more comfortable with groups, practice teaching, and receive kudos for what you do as a Paramedic or EMT, people like us and it is fun.

OCTOBER 2019

INFORMATION CONT.

Its that time of the year again! Hunting Seasons are in full swing!!

Exercise caution while going out in the woods this time of the year.

Review all the county roads leading into popular hunting areas. If you are new to the area, ask for guidance from someone who has experienced it.

Major Hunting Season Dates:

Moose Rifle: October 1-14

1st Rifle Season: October 12-16

2nd Rifle Season: October 19-27

3rd Rifle Season: November 2-10

4th Rifle Season: November 13-17

Remember to Complete Iforms on Vairkko for issues the Command Staff needs to be aware of.

Mandatory ALS Training's

ACLS—Experienced Provider

October 21, 2019

8:30 am to 4:00pm @ Station 1

Register on Vairkko

AMLS—Advanced Medical Life Support

November 18 & 19, 2019

9:00am--5:00pm @ Station 1

Register on Vairkko

OCTOBER 2019

INFORMATION CONT.

Mark your calendar's!!!

There are 2 more webinars focused on stress-reduction scheduled in October with Michelle Zellner from Better Beings! The next 2 will be recorded!!

Keep a look out in your emails for reminders from Patty Brown as they get closer with location and instructions on how to access the recordings and materials that go with each one!

Thursday October 17 2-3 pm Mindfulness at Work and in Life

Thursday October 24 12-1 pm Habits of Healthy People

The Mountain Medical Rescue Team is growing!!

The MMRT team is looking to add a couple more people to their team.

If you are interested email either Erich Barber, Cory Ziegler, or Dustin Sanchez and attend the MMRT meeting on October 17th

INNOVATIONS

What innovations do you remember which we have achieved?

- 2003 adopted the GCEMS slogan “Professional Care with a Personal Touch” (Deputy Chief Allen Puliam invented the slogan)
- 2004 developed and initiated the Mountain Medical Response Team (Captain Art Castle lead the development of the team)
- 2004 ambulance design included the oxygen bottle lift.
- 2005 Developed a web presence with “grandcountyems.com” (website designed by Mark Buss)
- 2005-2006 school year, First EMS Agency in CO to host a High School EMT course
- 2006 The sixth in the United States to use ESO for PCR
- 2007 the first in the county to use 800 radio system and proves its efficacy.
- 2008 developed and adopted Marty the Moose as the official mascot. Started handing out Marty’s to kids.
- 2008 added Jack’s bumpers to ambulances and quick response units
- 2010 Develop an RSI protocol. In the course of this protocol developed a check sheet which has been adopted and modified by EMS agencies and flight agencies across the United States.
- 2012 Added Varikko
- 2013 Adopting the LUCAS CPR device for cardiac arrest.
- 2013 ambulance design innovations included liquid spring and the Mermaid heater/cooler (allowed us to care ROC and Ativan), USB ports for the staff to charge their cellular devices, and the Esbar heaters.
- 2015 the complete change from the backboard to the vacuum mattress.
- 2019 added Active 911
- 2019 Converting the GCEMS Customer Care billing platform to ESO Billing system
- 2019 adopting Handtevy Pediatric Emergency Care System

- Second EMS Agency in CO to have a waiver for EMTs to use supraglottic airways. (Colorado Springs AMR was the first)
- Ambulance design with the side patient door moved all the way forward for patient privacy, environmental control, and a spot for consulting.
- First EMS Agency in Colorado to use an actual ventilator in the field
- First EMS Agency in Colorado to deploy the Ferno iNX stretcher
- Schedule change from the modified Kelly to the 48/96 schedule
- Schedule change from the 48/96 to the 48/120 schedule
- Schedule change to use multiple schedules of 48/96 and 48/120 to put more Medic Units available for the community
- First EMS Agency in Colorado to use the IStat
- First EMS Agency in Colorado to use Ketamine for pain control
- The first county agency to have variable message boards

OCTOBER 2019

MEDICS OF THE MONTH IS....

Allen Pulliam



Allen Pulliam was nominated for medic of the month. Allen was nominated for many reasons that started 30 years ago when he started with Grand County EMS. That's right this month will be his 30 year anniversary with Grand County EMS! Other reasons he was nominated cause he's been a trooper with taking on multiple EMS 20 shifts while the search for a 3rd Captain is still in the works. He also has been doing a lot of behind the scenes work.

Allen started as a part timer with the agency back in 1989 and then went full time in February of 1990. Around 1996 or 1997, he became a Supervisor/Captain, and then officially a Captain, when Ray Jennings became Chief and reorganized the flow chart. Allen then became Deputy Chief in 2016. Within his 30 years here he has done so much to help build Grand County EMS. In 2003, he created and came up with the GCEMS slogan that we all know and love today “Professional Care with a Personal Touch”. Along with his 30 year anniversary this month it is also his birthday on the 25th.

Thank you Allen for all that you do for the crews!!! From picking up Captain Shifts to making sure everyone gets their times in to hiring such great people to become part of the GCEMS family to even being a voice for us all at meetings that everyone cant attend, Thank you!

HAPPY 30TH ANNIVERSARY AND HAPPY BIRTHDAY

ALLEN!!!!!!!!!!

If you would like to make a nomination for Paramedic and EMT of the Month please give your nominations to Lorren!

Reminder:

If you haven't gotten your individual staff picture taken yet please see Lorren!!!



OCTOBER 2019

RECIPE(S) OF THE MONTH

TROPICAL GREEN MACHINE

You've probably heard the buzz when it comes to green juices but what about a post-workout green smoothie? If you aren't a huge fan of green juice, this smoothie recipe is a perfect compromise. The tropical flavors of mango and banana help to sweeten the greens, so it goes down a treat and helps your body to recover post-workout.

Total Time: 5 mins

Serves: 1

Dietary preferences: Vegetarian, Nut-Free, Vegan

Ingredients:

- 1 cup coconut water
- 1/2 cup baby spinach
- 1 medium Banana, Frozen
- 3/4 cup frozen mango, diced
- 1 tsp spirulina
- 1tbsp Chia Seeds

Method:

1. Place all ingredients into a blender and blend until smooth.
2. Pour the smoothie into a glass or shaker and enjoy!

Recipe submitted by: Erica Mentzer

Adding greens to a post-workout smoothie increases its **natural anti-inflammatory effects!** That means you are not only helping your body to replenish its energy stores, you are also helping encourage tissue repair. Coconut water can also help to replenish your hydration levels, just don't forget to drink regular H2O throughout the day as well!

*I also like to add 1/2–1 cup of plain Greek yogurt for some protein.



TIME TO GET MOVING—MONTHLY WORKOUT

This job comes with interrupted and sometimes little to no sleep, poor eating habits, and emotional and physical stress. It is important to take care of your self.

Here is a work you can do at the station!

Tabatas are a type of high intensity interval training exercise that is great for building strength and cardio.

Tabata Exercise For Shift

Warm up with some jumping jacks, knee highs, butt kickers, and walking lunges for 3 minutes. Then do the Tabata workout and finish with some stretching. The warm up and workout take 15 minutes to complete.

20 sec Air Squats

10 sec Rest

20 sec Mountain Climbers

10 sec Rest

Repeat 3 times

20 sec Lunges

10 sec Rest

20 sec Burpees

10 sec Rest

Repeat 3 times

20sec Push ups

10sec Rest

20 sec Plank

10 sec Rest

Repeat 3 times

20 sec Jump Squats

10 sec Rest

20 sec High Knees

10 sec Rest

Repeat 3 times

OCTOBER 2019

EVENTS AND TRAINING CALENDAR

OCTOBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
		1 9a Weekly CE	2 9a Weekly CE 6p What you need to know about OPIOIDS	3 9a Weekly CEs	4 9a Weekly CEs 10a iGel Training 7p West Grand Football	5 7a Fraser 9 Health Fair 10a Helicopter and LZ Training with Medevac 11a MPHS Boys Soccer
6	7 9a Weekly CE 4p MPHS JV Football	8 9a Weekly CE 3:30p Grand Fire Open House—Fire Prevention week	9 9a Weekly CE	10 9a Weekly CE 6p What do you know about OPIOIDS	11 9a Weekly CE	12
13	14 9a Weekly CE 4p MPHS JV Football	15 9a Weekly CE 4pm MPHS Volleyball	16 9a Weekly CE 4p MPHS Boys Soccer 6p What do you know about OPIOIDS	17 9a Weekly CE 10a RSI training w/ MedEvac 4p CQI Meeting 4:30p FLU shots 5p Case Review 6p Dinner & Staff Meeting	18 9a Weekly CE 4p MPHS Boys Soccer	19
20	21 8a ACLS Experienced Provider 9a Weekly CE 4p MPHS JV Football 4p MPHS Boys Soccer	22 9a Weekly CE	23 9a Weekly CE 1p Home School Ambulance Tour	24 8:30a BLS Refresher Day 1 9a Weekly CE	25 8:30a BLS Refresher Day 2 9a Weekly CE 7pm MPHS V Football	26
27	28 9a Weekly CE National First Responders Day!	29 9a Weekly CE	30 9a Weekly CE	31 9a Weekly Ce 7p MPHS V Football		

OCTOBER 2019

EVENTS AND TRAINING CALENDAR

NOVEMBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
					1 9a Weekly CE 11a MPHS JV Football 7p West Grand Football	2
3	4 9a Weekly CE	5 9a Weekly CE	6 9a Weekly CE	7 9a Weekly CE	8 9a Weekly CE	9
10	11 9a Weekly CE 6p Community CPR	12 9a Weekly CE	13 9a Weekly CE 6p Community First Aid	14 9a Weekly CE	15 9a Weekly CE	16
17	18 9a Weekly CE	19 9a Weekly CE	20 9a Weekly CE	21 9a Weekly CE	22 9a Weekly CE	23
24	25 9a Weekly CE	26 9a Weekly CE	27 9a Weekly CE	28 9a Weekly CE	29 9a Weekly CE	30



Open Enrollment

October 30, 2019

10:00 a.m. - Admin Building - HSS

1:00 p.m. - Admin Building - HSS

October 31, 2019

8:00 a.m. - R&B - Granby

10:00 a.m. - EMS - Granby

Medical, dental and life insurance are changing for 2020. Information on these changes will be provided during the group meetings.

Representatives from HUB International, Delta Dental, United Health Care, RxBenefits and Colorado Retirement Association will be at the meetings.

The open enrollment period is October 30, 2019 through November 29, 2019. All applicable forms due to Human Resources by no later than **November 29, 2019.**

OCTOBER 2019

HALLOWEEN COMMUNITY EVENTS
TRICK OR TREAT MAIN STREET
FRIDAY OCTOBER 25TH
4-6 PM

TRUNK OR TREAT

When Wednesday,
October 30th

Time: 5:30 to 7pm

Where: 670 Spring Street,
Court House Parking Lot
Hot Sulphur Springs CO

Happy Halloween

SCARECROW CONTEST

THEME: “BLOCKBUSTER MOVIES”

DURING THE MONTH OF OCTOBER, OUR TOWN WILL BE INHABITED BY SCARECROWS OF EVERY FORM & FASHION. THE CONTEST IS OPEN TO INDIVIDUALS, BUSINESSES, AND COMMUNITY GROUPS.

Winning categories include: Most Creative and People’s Choice. The Winners will be announced at the Trick-or-Treat Main Street event at The Lot on October 25th.
The Lot at the Granby Chamber of Commerce & Visitor Center- 516 E. Agate Ave



YOU MUST SUBMIT YOUR SCARECROW ENTRY FORM BY FRIDAY, OCTOBER 4, 2019

CONTEST RULES AND ENTRY FORMS ARE AVAILABLE AT WWW.GRANBYCHAMBER.COM/SCARECROW
For more info call 970.887.2311 or email INFO@GRANBYCHAMBER.COM



IF ANYONE HAS ANY IDEAS FOR THE SCARECROW CONTEST THIS YEAR PLEASE SUBMIT THEM TO ANY OF THE OFFICE STAFF.

“GIVING LIFE A CHANCE”

OCTOBER 2019

Not every hero wears a cape.

PLAN and PRACTICE your ESCAPE!™

firepreventionweek.org



**GRAND FIRE
PROTECTION DISTRICT'S**

**Fire Prevention Week
~ OPEN HOUSE & BBQ ~**

**Tuesday, October 8, 2019
4:00 – 7:00p**

60500 US Highway 40 in Granby



**All ages are invited to the Granby Firehouse for
station tours and fire prevention education!
Dinner and dessert included!**

OCTOBER 2019

2019 COLORADO FREE DAYS



TEAM GAVIN
720.231.6999

DENVER ZOO

2300 STEELE ST., DENVER
720.337.1400
DENVERZOO.ORG

JAN 10
JAN 18
JAN 19
FEB 3
FEB 4
NOV 4
NOV 8

DENVER BOTANIC GARDENS AT YORK ST.

1007 YORK ST., DENVER
720.865.3500
BOTANICGARDENS.ORG

JAN 21
FEB 18
MAR 22
APR 14
JUN 4
JUL 10
SEP 3
NOV 11

CHILDREN'S MUSEUM

2121 CHILDREN'S MUSEUM DR.,
DENVER | 303.433.7444
MYCHILDSMUSEUM.ORG

JAN 8 FEB 5
MAR 5 APR 2
MAY 7 JUN 4
JUL 2 AUG 6
SEP 3 OCT 1
NOV 5 DEC 3

FREE 4PM-8PM

DENVER ART MUSEUM

100 W 14TH AVE PKWY.,
DENVER | 720.865.5000
DENVERARTMUSEUM.ORG

JAN 5 FEB 2
MAR 2 APR 6
MAY 4 JUN 1
JUL 6 AUG 3
SEP 7 OCT 5
NOV 2 DEC 7

DENVER MUSEUM OF NATURE & SCIENCE

2001 COLORADO BLVD.,
DENVER | 303.370.6000
DMNS.ORG

JAN 7 JAN 27
FEB 11 APR 3*
APR 28 JUN 2*
JUL 2 AUG 26
SEP 29 OCT 14
NOV 17 DEC 8

*FREE 5PM-10PM

DENVER BOTANIC GARDENS AT CHATFIELD

1007 YORK ST., DENVER
720.865.3500
BOTANICGARDENS.ORG

JAN 8
FEB 5
MAR 5
APR 2
JUN 4
JUL 2
AUG 6
NOV 5

FOUR MILE HISTORIC PARK

715 S FOREST ST., DENVER
720.865.0800
FOURMILEPARK.ORG

JAN 11 FEB 8
MAR 8 APR 12
MAY 10 JUN 14
JUL 12 AUG 9
SEP 13 OCT 11
NOV 8 DEC 13

FREE 12PM - 4PM

BROOMFIELD VETERANS MEMORIAL MUSEUM

12 GARDEN CENTER,
BROOMFIELD | 303.460.6801
BROOMFIELDVETERANS.ORG

FREE THURSDAYS & SATURDAYS

AURORA HISTORY MUSEUM

15051 E ALAMEDA PKWY.,
AURORA | 303.739.660
AURORAGOV.ORG

FREE TUESDAY & SUNDAY

ALWAYS FREE!

ARVADA CENTER GALLERIES
ARVADACENTER.ORG
GARDEN OF THE GODS VISITOR CENTER
GARDENOFGODS.COM
ROCKY MTN. MOTORCYCLE MUSEUM
THEMOTORCYCLEMUSEUM.COM
COLORADO SPRINGS PIONEERS MUSEUM
CSPM.ORG
US AIR FORCE ACADEMY VISITOR CENTER AND CHAPEL
USAF.AF.MIL
UNITED STATES MINT
USMINT.GOV

HUDSON GARDENS - GARDEN AREA
HUDSONGARDENS.ORG
COLORADO SPORTS HALL OF FAME
COLORADODSPORTS.ORG
PETERSON AIR & SPACE MUSEUM
PETERMUSEUM.ORG
CU ART MUSEUM
COLORADO.EDU
LOOKOUT MOUNTAIN
JEFFCO.US
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OUR FAMILY TAKING CARE OF YOUR FAMILY

THANK YOU!!!!

Mission Statement

It is the mission of Grand County Emergency Medical Services to provide life saving point of care services, emergency pre-hospital care during transport, and emergent & non-emergency medical transportation, with the highest standard of professionalism, the most advanced training, and a deep sense of caring for our patients and their families.

Consistent with a commitment to excellence, Grand County EMS focuses a strong emphasis on quality emergency medical care, treating the professional EMS staff with dignity and respect as well as the citizens we serve.

Grand County Emergency Medical Services continually works to maintain excellence by investing in training and technology that enhances our professional EMS staff ability to provide the highest quality of emergency patient care, increase community awareness, and increase the value of our service.

Grand County Emergency Medical Service is Committed to the Community today and for the changing future.

EMS

“Your job is not to judge. Your job is not to figure out if someone deserves something. Your job is to lift the fallen, to restore the broken, and to heal the hurting”